

BBCH Role Profile: Kitchen Assistant



Bernhard Baron
Care Home
Care Amongst Friends

Accountable to: Head Chef
Base: Bernhard Baron Care Home, Polegate, East Sussex
Hours: Bank Hours

Purpose of the Role

To support the Head Chef and the members of the kitchen team in providing nutritious, well-presented meals for Residents by maintaining high standards of kitchen hygiene, food preparation, and safety.

Responsibilities

1. To maintain a clean and hygienic kitchen at all times by washing cooking utensils, pots, pans, and equipment, and by thoroughly cleaning floors, walls, and all areas behind and underneath kitchen equipment.
2. To serve meals and drinks to Residents, staff and guests in the dining room.
3. To complete any tasks required by the Head Chef or their designated replacement.
4. To remain aware of health and safety standards and to report any issues to the Head Chef or their replacement whenever possible.
5. To alert appropriate staff in the event of equipment failure or any potential risk.
6. To attend any required meetings or training sessions.
7. To cover shifts for colleagues during holidays or illnesses where possible.
8. To carry out any duties necessary to ensure the efficient running of the Home and the kitchen.
9. To take personal responsibility for your work and actions.
10. To work in a friendly, cooperative, and responsive manner with colleagues in both the kitchen and the Home.
11. To assist with deliveries by storing items in their correct designated areas

Person Specification Capabilities

- Work to high standards of food preparation and hygiene.
- Follow instructions and support the Chef and wider kitchen team.
- Maintain awareness of health and safety and reports concerns promptly.
- Adapt to changing needs, including covering shifts when required.

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Skills

- Basic food preparation skills.
- Good organisational and time management skills.
- Strong attention to cleanliness and detail.
- Ability to work effectively as part of a team.
- Reliable, punctual, and able to follow instruction.